

SSWR Methods Workshop

Thursday, January 12, 2017, 8am – 12 noon

Title: Health Equity through Knowledge Democracy—Rationale and Methods in Community Based Participatory Research

Presenters:

Bonnie Duran, MPH, DrPH (University of Washington)

Abstract

Community Based Participatory Research (CBPR) and other forms of community-engaged research (CenR) has received growing attention in fields like social work, public health, education, nursing, sociology, etc, over the past several decades. Increasingly, academic-community partnerships are at the forefront of strategies to improving social and health status for vulnerable populations. As defined by the Kellogg Foundation, CBPR is a "collaborative approach to research that equitably involves all partners in the research process and recognizes the unique strengths that each brings. CBPR begins with a research topic of importance to the community with the aim of combining knowledge and action for social change." it is an overall orientation to research, which fundamentally changes the relationship between researchers and researched. With roots in popular education in Third World nations of Latin America, Asia and Africa, and in other traditions of action and participatory action research, it has been applied in the U.S., Canada and elsewhere in a range of disciplines and settings. The goal of this workshop is to provide participants with a general overview of theories, principles and strategies of CenR and CBPR, and an appreciation of advantages and limitations of these approaches. The presenter will present empirical evidence for current guidelines and standards for CenR and CBPR approaches across diverse populations.

Objectives

By the end of the workshop, participants will be able to identify, list, describe and/or gain:

- The key scientific and ethical rationale and guidelines of community-engaged research;
- The major principles of CBPR and illustrate their relevance with case studies;
- Ethics, politics, race, gender and class dimensions of CBPR;
- Steps in the development of a CBPR project;
- Advantages and limitations of CBPR as a method for approaching study and action to address social work, public health, social problems and health disparities;
- Practical experience in participatory methods and reflection on experiences in order to promote self- and community learning in the CBPR process;

Career Level and Prerequisites

With emphasis on the conceptual and empirical foundations of CBPR and its variants, this workshop is appropriate for all SSWR attendees and particularly for those who have conducted community-based research.

Preferred maximum number of registrations: 40-50

Methods and Approach

The workshop will meet for 4 hours with a primary format founded on participatory research's philosophical commitment to *co-teaching and co-learning* and critical group discussion will be emphasized. Powerpoint presentation with handouts, and dialogic lecture format will be used. Learning will be through discussion of lived experience of CenR throughout the United States and internationally, and through social justice/public health/participatory case study experiences.

Presenter Bio:

Bonnie Duran Dr.PH (mixed race Opelousas/Coushatta descendent) is an Associate Professor at the University of Washington School of Social Work and is the Director of the Center for Indigenous Health Research at the Indigenous Wellness Research Institute (<http://health.iwri.org>). Dr. Duran has worked in public health research, evaluation and education among Native Americans and other communities of color for over 30 years. Dr. Duran teaches graduate courses in Community Based Participatory Research (CBPR), Health Promotion/Disease Prevention, Social Justice and Health, and critical social theory. Dr. Duran is one of the leading experts in designing, implementing, and testing CBPR processes and partnerships in the nation. She recently completed a NIH national study examining the CBPR collaborations with Dr. Nina Wallerstein and Dr. Malia Villegas at the National Congress of American Indians. Currently, she is completing an edited book on community based participatory research for health. She is currently the Principal Investigator of 2 NIH studies utilizing CBPR in partnership with the American Indian Higher Education Consortium and 25 Tribal Colleges: (a) a psychiatric epidemiology prevalence and correlates study (N=3,200); and, (b) a cultural adaptation of Brief Alcohol Screening and Intervention for Tribal College Students (BASICS).